

180 SPIRULINA TABLETS



VEGGIE STYLE Spirulina Veggie Style Spirulina Powder offers any athlet with a healthy lifestyle a 100% vegan supplement with the superfood Spirulina, a natural alga, which offers a high content of all essential aminoacids & Fat Acids, Minerals and Vitamins

COM_VIRTUEMART_RATINGCOM_VIRTUEMART_UNRATED

COM_VIRTUEMART_CART_PRICE

COM_VIRTUEMART_PRODUCT_VARIANT_MOD

COM_VIRTUEMART_PRODUCT_BASEPRICE_WITHTAX15,50 €

COM_VIRTUEMART_PRODUCT_DISCOUNTED_PRICE

COM_VIRTUEMART_PRODUCT_SALESPRICE_WITH_DISCOUNT

COM_VIRTUEMART_PRODUCT_SALESPRICE15,50 €

COM_VIRTUEMART_PRODUCT_SALESPRICE_WITHOUT_TAX14,09 €

?The health of your Eyes & Bones

?Strengthen your immune system

?Spirulina helps you to feel full of energy

Spirulina contains valuable nutrients in a natural and easy to digest and high concentrated form. First of all, Spirulina has an unique high content of protein which is between 53-62% – and the best: This protein composed and contain all essential aminoacds, including Glutamin and BCAAs.

Besides mother nature offer in spirulina another natural advantage: Based on the fact, that the cell walls of the spirulina are very soft, it offers the advantage, that all nutrients are easily and fast assimilated by ower body. And the protein in spirulina does not offer the high alergeens which are maynly in soy protein, dietary protein or eg protein.

VEGGIE STYLE Spirulina is grown organically in natural spring water in an biosecure area and free of any kind of pesticides, herbicides and it is Non-GMO

VEGGIE STYLE Spirulina is the best way to supply your body with natural Minerals, trace elements, vitamins, and essential fat acids – it is natural, plant based and organic. Spirulina is an excellent source of natural Calcium, Iron, Vitamin A and it is the only plantbased source for human active vitamin B12.



Spirulina helps you to improove in any kind of resistance and strenghts sports.

Our Organic grown Spirulina is cultivated in a biosecure environment and grows in natural springwater and is fed with organic grown minerals. Our Spirulina are regularly controlled following the German rules for biological agriculture ideology.

Therefore our organic Spirulina powder is the same as our organic spirulina and offers a high content of beneficial nutrients, which are:

All essential Aminoacids in high concentration, which is in each 100g of spirulina:

Isoleucin 3.30 g

Leucin 5.00 g

Lysin 2.60 g

Methionin 0.90 g



Phenylalalin 2.20 g

Threonin 2.40 g

Tryptophan 0.66 g

Valin 3.60 g

Beside it has a high content of Beta Karotin (Vitamin A)

Essential Fat acids (Omega 3,6, 9 and Gamma Linolic acid)

Chlorophyll, nucleic acids and many other phytonutrients

The so called *arthrospira platensis* blue-green algae usually absorbs all toxins and bacteria of contaminated water – therefore it is crucial to only consume spirulina like the Veggie Style Spirulina, which is grown in a controlled bio secure environment growing in clean springwater and exclusively fed with organic nutrients.

Spirulina offers also the benefit of detoxing your body. It is considered as a natural cleanser which helps your body to eliminate many deadly toxins such as mercury. Therefore you can experience at the beginning of taking spirulina some side effects of this detoxification which can be nausea or headache – once, this is passed, your body is cleaned out of the toxins it did accumulate over the years and you can start to enjoy of the energizing benefits of spirulina.

Spirulina is also very rich in antioxidants which proved on scientific studies to



prevent cancer.

And what is important for the well being? – Anti Aging all high concentrated nutrients combined with the high amount of antioxidants helps your body to stay young with a healthy skin and bones

Besides the vitamins of the B complex, and D, E, A and K vitamins, spirulina has one interesting fact – it does not contain any vitamin C – but this is not negative, as there are many fruits and plants which offer a high content of vitamin C.

Spirulina contains also Vitamin E, vitamin B1, and B2 and is a very seldom plant-based source containing human-captive vitamin B12 – very important if you are following a vegan diet.

Besides, the content of minerals are important and spirulina offers a natural source of iron, selenium, copper, zinc, manganese and chromium.

To bring it to the point: Spirulina is one natural plant-based superfood considered as natural multivitamin/mineral/protein complex.

Specially when you are an athlete or on a weight-loss or muscle gain diet, you need to supply your body with all nutrients he needs, and spirulina is a very good and natural option. In many scientific studies it could be proved, that spirulina has many positive effects on your fitness and health, such as fighting diabetes, depression, heart diseases, it helps to improve the production of red blood cells and in general your immune system gets stronger after a supplementation with spirulina for several weeks.

Spirulina is ideal for all athletes who want to become stronger and faster and build more muscle mass and as is a great source of energy, you experience that you feel more powerful for each training session – and any athlete knows, that this is one important fact for improving in your training – the more energy and power you feel when you go to your training session.

The anti-aging effect of the nutrients contained in spirulina is enormous – the combinations of all helps to fight free radicals and all contamination absorbed by our body which damage our cells. This helps to maintain our cells intact and fight cancer and cellular degeneration.

Spirulina contains nutrients which are beneficial to the health of our cardiovascular system lowering the risk of suffering strokes and the consequences of low blood pressure caused by malnutrition.

Researches also could find out that spirulina has a very positive effect on our digestion by fighting the bad bacteria and stimulate the beneficial intestinal flora mainly the bifidobacteria and the lactobacillus.

Taste the power of nature with our Veggie Style Organic RAW Spirulina



Nutrition Facts

of 100g Spirulina

Moisture 4.6 g
Ash 9.9 g
Protein 58.8 g
Crude fiber 6.2 g
Carbohydrates 12.8 g
Fat 6.7 g
Energy per 100 g 1480 kJ = 350 kcal

Fats (fatty acids) in% of total fat
Lauric acid (C 12.0) 9.1%
Palmitic acid (C 16.0) 44.4%
Stearic acid (C 18.0) 6.9%
Palmitoleic acid (C 16.1) 3.8%
Oleic acid (C18: 1) 1.9%
Linoleic acid (C18: 2) 14.9%
Gamma-linolenic acid (C 18.3) 19.0%

Vitamins. 100 g

Vitamin A- Beta Carotin 52.00 mg
Vitamin B1 Thiamin 2.70 mg
Vitamin B2 Riboflavin 2.10 mg
Vitamin B3 Niacin 13.20 mg
Vitamin B6 Pyridoxin 0.20 mg
Vitamin B9 Folsäure 62.00 mcg
Vitamin B12 Cyanocobalamin 139.00 mcg
Vitamin D 1.120 i.E. 28.00 mcg
Vitamin E Tocophero 14.10 mg

Chlorophyll 2.24 g

Phycocyanin 1.2 - 1.5 g

Phycoerythrin 0.2 - 0.4 g

RNA - ribonucleic acid 2.8%

DNA - deoxyribonucleic acid 0.8%

Minerals / trace elements.

Calcium (Ca) 1265.00 mg
Chloride (Cl) 90.00 mg
Chromium (Cr) 00.48 mg
Iron (Fe) 118.00 mg
Fluorine (F) 3.00 mg
Iodine (I) not detectable
Potassium (K) 1120.00 mg
Copper (Cu) 12.37 mg
Magnesium (Mg) 367.50 mg
Manganese (Mn) 4.65 mg
Molybdenum (Mo) 12.03 mg
Sodium (Na) 520.00 mg
Phosphorus (P) 1200.00 mg
Selenium (Se) 1.00 mg
Silicon (Si) 100.00 mg
Zinc (Zn) 7.60 mg

Amino Acid Profile

Alanine 4.30 g
Arginine 3.50 g
Aspartic 5.00 g
Cystine 0.30 g
Glutamic acid 8.60 g
Glycine 2.50 g
Histidine* 0.70 g
Isoleucine* 3.30 g
Leucine* 5.00 g
Lysine *2.60 g
Methionine* 0.90 g
Phenylalanine 2.20 g
Proline 1.70 g
Serine 2.20 g
Threonine* 2.40 g
Tryptophan *0.66 g
Tyrosine* 1.50g
Valine* 3.60 g

Marked with an * are the essential Amino Acids

COM_VIRTUEMART_REVIEWS

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