

Weight loss products, supplements, herbal extracts and natural substances do not have

Written by

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Weight loss products, supplements, herbal extracts and natural substances do not have any side effects

Absolutely not! An extract from a poisonous mushroom is a natural product, but we do not recommend it.

Another important point is that many times these products have not been thoroughly tested and there is not enough research to prove they do not have side effects or whether they may interfere with other medicaments.